

Stevensville Adult Fitness Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
YOGA	YOGA	YOGA	YOGA	YOGA
W/GRETCHEN	W/LISA	w/Gretchen	W/ANDREA	w/Gretchen
\$12 Drop-in				
(406)207-3738	(775)843-0836	(406)207-3738	(406)422-3917	(406)207-3738
9:30-10:30 AM	9:30-10:45 AM	9:30-10:30 AM	9:30-10:30 AM	9:30-10:30 AM

Classes are held at Groovz Studio of Dance, 217 Main St, Stevensville, MT.
Call Class Instructors for information about each class or contact April at (406)214-5295.
Yoga instructors offer punch cards with a discounted class price, ask them about that if interested.